



Registration Form



Please complete this form, keep a copy for your reference & return it with **the \$35 per person fee** (payable by check, money order by **March 24, 2009** to:

Watertown Area Diabetes Coalition
Attn: Susan Papka
1160 Karen Street
Watertown, SD 57201
Phone: (605) 882-9853
susanpapka@hotmail.com

Name: _____
Title: _____
Facility: _____
Address: _____
City: _____ State: _____ Zip: _____
Work Phone: _____ Fax: _____
E-mail: _____
Does your facility currently have Life with Diabetes, 3rd Edition? _____
\$35/person registration fee payable to WADC enclosed? _____



Special Needs



This conference is being held in an accessible facility. Persons needing accommodations, auxiliary aids or special dietary arrangements should contact Melissa Magstadt before March 24, 2009.



Lodging



This conference is being held at the Watertown Event Center in Watertown, SD. Below are some motels located in Watertown. You are responsible for your own reservations.

Ramkota Hotel – Event Center	(605)886-8011
Holiday Inn Express	(605)882-3636
Super 8	(605)882-1900
Comfort Inn	(605)886-3010
Days Inn	(605)886-3500

SD Department of Health Diabetes Prevention & Control
Watertown Area Diabetes Coalition
1160 Karen Street
Watertown, SD 57201

The South Dakota
Department of Health
Presents.....

Changes & Challenges in Diabetes Care 2009



April 7th and 8th, 2009
Watertown Event Center
1901-9th Ave SW
Watertown, South Dakota

Conference Objectives

The goal of this conference is to provide an update on diabetes, its management, and the impact of diabetes on the individual with diabetes. Upon completion of the program, participants will be able to:

- Identify the current approaches to diabetes management
- Apply diabetic management approaches to patient care
- Describe the benefits & risks of exercising with diabetes
- Identify the guidelines for safe exercise & diabetes
- Discuss new medications used in diabetes management
- Review patient guidelines when teaching about these new medications
- Describe the role of medical nutrition therapy
- Define treatment goals for gestational diabetes mellitus (GDM)
- Apply diabetes management skills to patients with GDM
- Discuss appropriate blood glucose monitoring
- Describe Motivational Interviewing (MI)
- Discuss the application of MI on diabetes care
- Compare & contrast MI skills in patient situations
- Apply MI techniques to patient situations
- Differentiate the most common diabetic complications
- Apply teaching/learning principles to diabetes education
- Define treatment strategies for the most common diabetic complications
- Describe the characteristics of Native American/Hispanic culture
- Describe components of culture and how it impacts health care delivery
- Apply the concepts of carbohydrate counting
- Describe acute treatment for complications related to diabetes
- Describe concepts related to sick day management for patients with diabetes
- Design treatment strategies for specific diabetic case studies

Intended Audience

Nurses, dietitians, pharmacists, nurse practitioners, physician assistants & other health care professionals who provide care & education to those with diabetes & their families.

This yearly training has been developed as an overview & update. More advanced education is available. Visit <http://diabetes.sd.gov>.

Presenters

- Kristi Stemsrud – PA-C, CDE** Sanford Endocrinology Associates
- Mary Lobb Oyos – RN, MS, BC-ADM, CDE** Avera McKennan Hospital
- Leslye “Ann” Wipf –RD, LN, CDE** Avera McKennan Hospital
- Melissa Magstadt MS, CNP, CDE, BC-ADM, CTTS** Health Care Design & Management

Continuing Education

- Registered Nurses – An application has been sent to CNE-Net, the education division of the North Dakota Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation for 15.0 credit hours. Please call Melissa Magstadt at Watertown Area Diabetes Coalition for more information about contact hours.
- Registered Dietitians – An application has been submitted to the Commission on Dietetic Registration for 15.0 hours of CPEU Level 2 Credit.
- Registered Pharmacists - An application has been submitted to the South Dakota Board of Pharmacy for 15.0 contact hours.
- Physician Assistants - An application has been submitted to the American Academy of Physician Assistants for 15.0 Category I (Preapproved) CME credit.

Registration

To register, complete the form on the back of this brochure & return it by **March 24th** with the \$35 per person registration fee. Cost includes meals, snacks and refreshments. The fee is payable by check or money order made payable to: Watertown Area Diabetes Coalition. Confirmation of registration will be sent by email.

Agenda

Please note the times are Central Standard Time

Tuesday, April 7, 2009	
7:15 a.m. – 7:45 a.m.	Registration
7:50 a.m. – 8:00 a.m.	Welcome and Announcements
8:00 a.m. – 9:00 a.m.	Introduction to Diabetes
9:00 a.m. – 10:00 a.m.	Diabetes Complications
10:00 a.m. – 10:15 a.m.	Break
10:15 a.m. – 11:15 a.m.	Diabetes Medications
11:15 a.m. – 11:45 a.m.	Hypoglycemia
11:45 a.m. – 12:45 p.m.	Lunch (provided)
12:45 p.m. – 1:45 p.m.	Medical Nutrition Therapy
1:45 p.m. -2:15p.m.	Exercise
2:15 p.m. -2:30 p.m.	Break
2:30 p.m. -3:30 p.m.	Patient Education Tips/Resources
3:30 p.m. – 4:30 p.m.	Motivational Interviewing
Wednesday April 8, 2009	
7:45 a.m. – 8:00 a.m.	Welcome Back/Announcements
8:00 a.m. – 9:00 a.m.	Glucose Monitoring
9:00 a.m. – 10:00 a.m.	Sweeteners/Snacks & Strategies for Success
10:00 a.m. – 10:15 a.m.	Break
10:15 a.m. –11:45 a.m.	Gestational Diabetes
11:45 a.m. –12:45 p.m.	Lunch (provided)
12:45 p.m. – 1:30 p.m.	Carbohydrate Counting
1:30 p.m. – 2:00 p.m.	Hyperglycemia/DKA/Sick days
2:00 p.m. -2:15 p.m.	Break
2:15 p.m. – 3:15 p.m.	Cultural Considerations
3:15 p.m. -4:00 p.m.	Case Studies
4:00 p.m. -4:15 p.m.	Wrap up

Questions

If you have any questions, contact Melissa Magstadt @ 605-882-9853 or email her at magstadm@gmail.com

Please dress comfortably. Personal temperature preferences vary and room temperature may fluctuate.